



Sree Narayana College of Education

(Affiliated to MG University, Approved by NCTE)

Muvattupuzha, Ernakulam Dist, Kerala, Pin – 686661

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KEY INDICATOR

5.1 STUDENT SUPPORT

METRIC: 5.1.1

A range of capability-building and skill-enhancement initiatives are undertaken by the institution, such as:

1. Career and Personal Counselling
2. Skill enhancement in academic, technical and organisational aspects
3. Communicating with persons of different disabilities: Braille, Sign language and Speech training
4. Capability to develop a seminar paper and a research paper; understand / appreciate the difference between the two
5. E-content development
6. Online assessment of Learning

Report on each capability building and skill enhancement initiative adopted with seal and signature of the Principal




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Report on each capability-building and skill enhancement initiatives

2022-23




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1. CAREER AND PERSONAL COUNSELLING



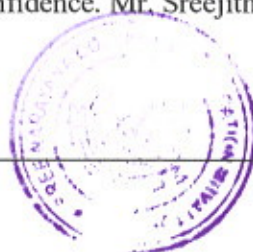
Motivational Speech on Challenges in Teaching by Kabeer P A HSA, SNDP School, Muvattupuzha on 5-9-2022

During the Teachers' Day celebrations, the chief guest gave a speech about the challenging parts of teaching. He talked about some situations he faced while teaching. This helped the student teachers see what being a teacher is like and understand what they need to prepare for. Understanding the challenges an experienced educator faces was an eye-opener for student teachers, and it prepared them for the various situations and difficulties they may encounter in their teaching practice. It helped them develop a more informed and realistic perspective on the profession beyond the idealised notions often portrayed in textbooks or classrooms. This candid portrayal of the profession inspired the student teachers to approach their future careers with a blend of idealism and practicality, knowing they are embarking on a journey that demands dedication, creativity, and a deep commitment to nurturing young minds.



Session on Career Counselling Resource Person by Mr Sreejith Babu, Corporate Trainer, Oleevia Foundation, Thrissur on 6/3/2023

The session led by Mr. Sreejith Babu enlightened the students about the diverse career paths available within the teaching profession. Through engaging activities and games, he made the session enjoyable and interactive. This made learning fun and helped student teachers develop their skills and confidence. Mr. Sreejith Babu's approach provided valuable insights




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into the teaching profession while fostering a supportive and encouraging learning environment for the students. This session encouraged students to explore their passions and interests within the teaching field. His innovative teaching methods imparted knowledge and instilled a sense of enthusiasm and curiosity among the student teachers. By incorporating real-world examples and practical experiences, he bridged the gap between theory and practice, equipping students with the tools they need to excel in their future careers.



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**Talk on the Role of Mathematics in Education by Ms Shahana S,Principal
 HMTTI,Randarkkara,Muvattupuzha on 22-12-202**

Ms. Shahana S's speech at the Mathematics Club inauguration was enlightening and inspiring. She emphasised how important math is in our daily lives. Many people need to realise how much we use math, from simple things like managing money to solving complex problems in different areas. Teaching math well is crucial because it helps us understand concepts better and improves our critical thinking and problem-solving skills, which are helpful in everything we do. The participants understood that math is the foundation for many careers, such as engineering, science, and technology. Understanding math can open up many opportunities for them in the future. She encouraged everyone to approach math with a positive attitude and curiosity.

2. SKILL ENHANCEMENT IN ACADEMIC, TECHNICAL AND ORGANIZATIONAL ASPECTS



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Thought for the Day Presentation and Comments on College Assembly



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Every day begins with the college assembly where, following the prayer, a student from one pedagogy presents a topic as the "thought for the day". Then, students from the other seven pedagogies share their thoughts and comments on the same topic. This session not only boosts student teachers' confidence but also provides them with an opportunity for divergent thinking. It encourages them to express their opinions and viewpoints, fostering a culture of open-mindedness and dialogue within the college community. These daily assemblies serve as a platform for nurturing critical thinking skills among students. Students learn to appreciate different viewpoints and develop empathy towards diverse opinions by exploring various perspectives on the presented topic. This practice enhances their communication abilities and prepares them to become informed and articulate individuals in their future careers.



Celebrations & Competitions on Malayalam Language Week by Malayalam Education, Sree Narayana College of Education on 21-2-2022 to 25-2-2022

Malayalam Education organised a one-week celebration and competitions titled Malayalam Language Week related to World Mother Tongue Day. They began the programme with a talk on the importance of the mother tongue in the morning assembly, and competitions like mochi, vaakkozhukku, Katayama, and caption writing were held during that one week. The one-week celebration and competitions organised by Malayalam Education in honour of World Mother Tongue Day sound like a meaningful and engaging initiative to promote the importance of the Malayalam language and celebrate linguistic diversity. The competitions, held throughout the week, provided students with opportunities to showcase their language skills and creativity in various forms of expression. These competitions not only celebrate the richness and versatility of the Malayalam language but also encourage students to engage actively with it and explore its different facets.



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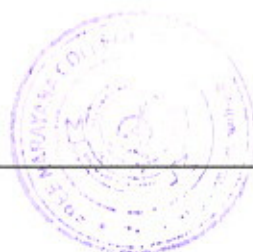
Bricolage-performances and competitions by English Education, Sree Narayana College of Education on 20-3-2023 to 24-3-2022


The English Education of Sree Narayana College of Education organised a programme, Bricolage'23 -A quilt of confluences and influences. It was a one-week-long literary celebration from the 20th of March, 2023, to the 24th of March, 2023. The college co-ordinator formally inaugurated the programme, Mr Anish P Chirackal. The event's main highlights were the ramp walk, reading competition, face painting, spelling bee, subtitle and quiz competition. Thus, Bricolage'23 served as a platform for students to unite, celebrate their love for literature, and showcase their talents in a supportive and engaging environment. It exemplified the importance of extracurricular activities in nurturing holistic development and fostering a culture of creativity and intellectual curiosity within educational institutions.



Workshop on Drama by Mr Prajith S Nair, Associate Professor MES College on 15-12-2022

In this workshop, the resource person, Mr Prajith S Nair, stressed the importance of imagination. He provided certain voice-related group activities to make the students understand the importance of voice in teaching life. Various other fun activities that enhance observation are also offered. The workshop gave students valuable opportunities to develop essential teaching skills such as imagination, voice modulation, and observation. By emphasising the importance of these skills and providing hands-on activities to practice them, the resource person equipped students with the tools they need to become effective an




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World Environment Day Celebration by Science Club, Sree Narayana College of Education on 05-06-2023

In the initiative of the Science Club, Sree Narayana College of Education organised World Environment Day celebrations. An awareness programme on plastic pollution was conducted. Saplings were planted in different areas of the campus. A poster-making contest was conducted as part of World Environment Day. The World Environment Day celebrations organised by the Science Club demonstrated a commitment to environmental stewardship and sustainability within the college community. By engaging in awareness programs, tree planting, and poster-making contests, students actively contributed to positive environmental change and fostered a culture of environmental responsibility.

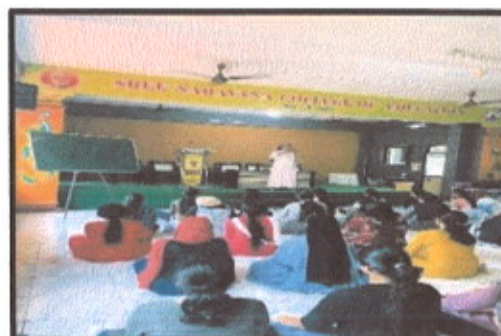
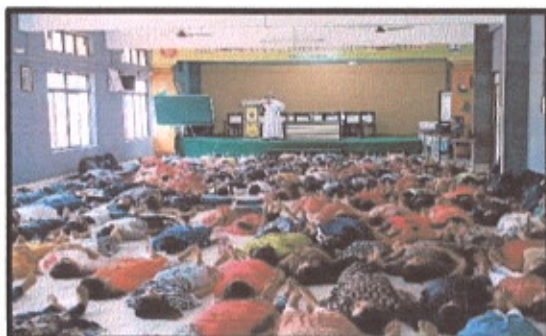


Republic day celebrations by Social Science and Commerce Education on 26-01-2023

The student teachers of Social Science and Commerce, Jwala club, celebrated the Republic Day along with the Citizen's Dias, Muvattupuzha. They attended the gathering and paid attention to the inaugural address and other messages on Republic Day. By immersing themselves in the festivities and listening attentively to the speeches and messages shared during the event, the student teachers likely better understood the values and principles enshrined in the Indian Constitution. They also had the opportunity to reflect on their roles as responsible citizens and future educators in upholding these principles and promoting social justice, equality, and democracy.



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Demonstration and practice of Yogic Asanas by Sr Infant Treesa, Nirmala Yoga Centre, Muvattupuzha on 26-11-2022

In this session, the resource person demonstrated various yogic asanas. Practices on several asanas were given to the students. Through these demonstrations and practices, the student teachers got a clear idea of the importance of yoga in daily life. Through the demonstrations of different asanas, the resource person likely showcased the diversity and versatility of yoga, highlighting its ability to cater to individuals with varying needs and preferences. This exposure allows student teachers to explore different styles and techniques, empowering them to incorporate yoga into their wellness routines and integrate it into their teaching practices.



Demonstration and Training on First Aid by Sreeja Anoop, Staff Nurse, CHC, Muttam, Idukki on 21-11-2022

In this session, the resource person introduced various first aid essentials during life situations. She demonstrated first aid for fractures, bleeding, breathing difficulty, burns, etc. It was a session of practical utility as the student teachers got an opportunity to practice first aid, which would benefit their professional lives. First aid skills are valuable in everyday life and essential in educational settings where teachers are responsible for the well-being of their students. The resource person equipped the student teachers with crucial knowledge and skills by introducing various first aid essentials and demonstrating procedures for common emergencies such as fractures, bleeding, breathing difficulties, and burns. This hands-on approach likely enhanced their understanding and confidence in administering first aid in real-life situations.



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3. COMMUNICATING WITH PERSONS OF DIFFERENT DISABILITIES: BRAILLE, SIGN LANGUAGE AND SPEECH TRAINING



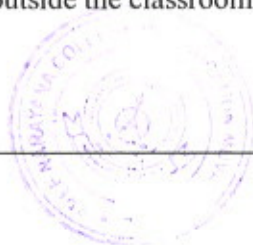
**Visit to Dharmagiri Vikas Society, Thankalam, Kothamangalam
By Sr Praniha, Director Dharmagiri Vikas Society 12-07-2022**

Student teachers visited Dharmagiri Vikas Society, a care home which protects children from CWC (Child Welfare Society). They attended an orientation programme provided by its director and distributed daily use items for the inhabitants. Participating in activities like this offered student teachers personal and professional growth opportunities. They gained a deeper understanding of the issues facing vulnerable children and families and developed empathy and cultural competence.



**Rehabilitation Centre, Karakkunnam, Muvattupuzha by Providence Home
Karakkunnam on 13-07-2022**

Student teachers visited a rehabilitation centre which protects women and children dedicated to supporting women and children who are confined to bed due to cerebral palsy. They distributed daily-use items to the inhabitants. By distributing daily-use items to the inhabitants, they likely provided practical support that can significantly improve the quality of life for those confined to bed due to cerebral palsy. It offers tangible assistance and fosters student teachers' empathy, understanding, and communication skills. It's a beautiful example of community engagement and learning outside the classroom.



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