



Sree Narayana College of Education

(Affiliated to MG University, Approved by NCTE)

Muvattupuzha, Ernakulam Dist, Kerala, Pin - 686661

Ph: 0485 2832040, 2836188, 8138072040

Email: snceму@gmail.com, Web: www.snцем.edu.in



KEY INDICATOR

3.3 – OUTREACH ACTIVITIES


METRIC: 3.3.1

Average number of outreach activities organized by the institution during the last five years

3.3.1.1: Total number of outreach activities organized by the institution during the last five years

Report of each outreach activity organized along with video/photographs with seal and signature of the Principal




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3.3.1 Outreach activities organized by the Institution

The institution's commitment to community engagement and social responsibility is evidenced through its diverse array of outreach activities aimed at sensitizing students to prevalent social issues and fostering their active participation in community development initiatives. These initiatives serve as platforms for students to broaden their perspectives, develop empathy, and cultivate a sense of responsibility towards the welfare of society. At the heart of these outreach activities lies a profound understanding of the interconnectedness between education and social change. The institution recognizes that education extends beyond the classroom, encompassing a holistic approach that incorporates real-world experiences and societal realities. As such, it endeavors to provide students with opportunities to engage meaningfully with the community, thereby enriching their educational journey and nurturing them into socially conscious individuals. One of the key components of the institution's outreach efforts is awareness-raising campaigns on various social issues. Through workshops, seminars, and interactive sessions, students are sensitized to issues such as poverty, inequality, gender discrimination, environmental sustainability, and healthcare disparities. These initiatives not only foster awareness but also facilitate critical dialogue, encouraging students to question prevailing norms and explore innovative solutions to complex societal problems. In addition to raising awareness, the institution places a strong emphasis on hands-on involvement in community development projects. Collaborating with local NGOs, governmental agencies, and grassroots organizations, students are given the opportunity to actively contribute to initiatives aimed at addressing pressing social challenges. Whether it be organizing environmental clean-up drives, students are empowered to make a tangible difference in the lives of others. Furthermore, the institution recognizes the importance of nurturing leadership and advocacy skills among its students. Through leadership training programs and advocacy campaigns, students are equipped with the tools and knowledge necessary to become agents of change within their communities. They learn to effectively communicate their ideas, mobilize resources, and advocate for policy changes that promote social justice and equality. Importantly, these outreach activities are not conducted in isolation but are integrated into the broader curriculum and extracurricular framework of the institution. They are designed to complement academic learning and provide students with opportunities for experiential learning and personal growth. By bridging theory with practice, students develop a deeper understanding of social issues and acquire practical skills that are essential for active citizenship and lifelong learning. Moreover, the institution fosters a culture of inclusivity and diversity within its outreach efforts, recognizing the importance of embracing different perspectives and experiences. It seeks to create an environment where all students feel valued and empowered to contribute their unique talents and insights towards collective social progress.




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Health and Hygiene Awareness Programme 26-02-2020



SN college of Education Muvattupuzha distributed notice regarding awareness on health and hygiene in Ward 21, Muvattupuzha municipality on 25-02-2020. 144 students were participated in the awareness drive. The main objectives of the programme were to provide social awareness on health and hygiene and to adopt precautions to prevent contagious diseases. Health and hygiene awareness is crucial to maintain good practices to stay healthy. This includes washing hands regularly, especially before eating or after using the restroom, to prevent the spread of germs. They designed the notice under the supervision of Ms. Jincy P. Joseph, faculty member. The notices were printed and distributed in Ward 21, Muvattupuzha municipality. Students were divided into different groups and assigned to distribute the same. The awareness made aware of the public about health and hygiene. More people are likely to choose to get vaccinated. The programme enabled the people to adopt appropriate hygiene practices.



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POPULATION DAY CELEBRATION 11-07-2019



On the inauguration day of Population Day, students from the Physical Science department performed a mime act as part of a larger awareness program. This event, designed to educate and engage the community on population-related issues, saw active participation from both the students and the faculty of the institution. By taking part in this program, the students not only contributed to raising awareness but also learned the intricacies of planning and executing such events. Their involvement provided them with valuable hands-on experience in organizing public awareness campaigns, enhancing their practical knowledge and skills in event management and community engagement. This opportunity allowed them to understand the importance of effective communication and coordination in promoting social causes.



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KALOLSAVAM (Arts Fest) SERVICE 19-10-2019



The students of the institution were given a unique opportunity to assist with the school Kalolsavam (a cultural festival) at Government School Perumbavoor. This special duty was assigned to 40 students following recommendations from the Kalolsavam committee. The assignment allowed these students to gain valuable experience and actively participate in organizing and managing the event, contributing to its success and smooth operation.



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PAPER PEN MAKING 28-02-2020



The students created paper pens as part of their efforts to promote eco-friendly products. This initiative was carried out as an extensional activity, aiming to encourage sustainable practices within the community. By making and promoting these environmentally friendly pens, the students highlighted the importance of reducing plastic waste and using biodegradable materials. This activity not only fostered environmental awareness but also demonstrated the practical application of eco-friendly solutions in everyday life.




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SANITIZER MAKING 03-04-2021



SN college of Education Muvattupuzha made sanitizers in regard to the COVID 19 pandemic in Ward 21 of Muvattupuzha municipality on 03-04-2021. To make sanitizer for the societal people of ward 21 was the aim and to distribute sanitizers among the people of Ward 21 of municipality, Muvattupuzha. Making sanitizers is a practical way to contribute to public health by following guidelines to apply sanitizers in public places. Sanitizers are cost effective and convenient way to maintain hand hygiene when soap and water are not available. The student teachers made sanitizers and distributed it in various shops, houses, nearby college and to their neighbours. 113 students participated in distributing the sanitizers in Ward 21, Muvattupuzha Municipality. It protected people from further spreading of diseases.

MASK MAKING 03-04-2021



SN college of Education Muvattupuzha created masks in regard to the COVID 19 pandemic in Ward 21 of Muvattupuzha municipality on 03-04-2021. To make masks for the community people and to distribute masks among the people. Making masks is a practical way to contribute to public health by following guidelines to wear masks in public places. The student teachers made masks and distributed it in various shops, houses, nearby college and to their neighbours. 115 students participated in distributing the masks. Distributed masks in Ward 21, Muvattupuzha Municipality. It protected people from further spreading of diseases.




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HAND WASH MAKING 03-04-2021



SN college of Education Muvattupuzha made hand wash in regard to the COVID 19 pandemic in Ward 21 of Muvattupuzha municipality on 03-04-2021. To make hand wash for the community people and to distribute hand wash among the people of Ward 21 of municipality, Muvattupuzha. Making hand wash is a practical way to contribute to public health. Hand wash is a crucial part of maintaining good hygiene. Washing your hands help to prevent the spread of contagious diseases. The student teachers made hand wash and distributed it in various shops, houses, nearby college and to their neighbours. 113 students participated in distributing the hand wash. Distributed hand wash in Ward 21, Muvattupuzha Municipality. It protected people from further spreading of diseases. It helped to reduce the spread of disease.



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Participation in 'Navarang' 14 to 27 September 2020

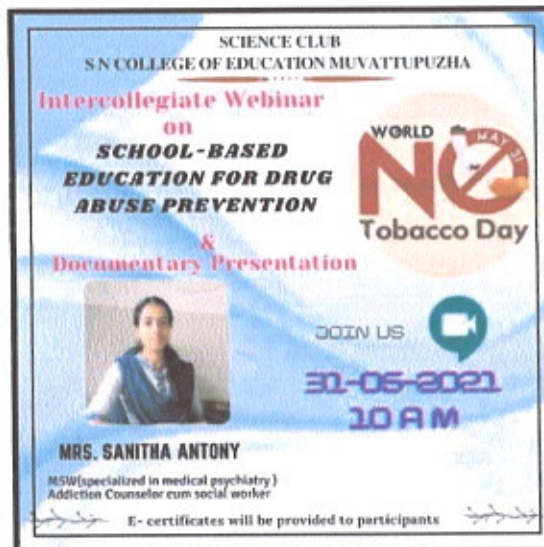


Student teachers of Sree Narayana College of Education participated in Navrang, web in arts 2020, first inter collegiate online youth festival for B.Ed students across Kerala. It was conducted on 14-27 September. The programs was organized by Kerala University College of Teacher Education Adoor. 130 students were participated in the programme under the leadership of Chairman Mr Arun Tomy. To improve the creativity, skills and abilities of student teachers in cultural activities. To enhance the active participation of student teachers in cultural activities. Student teachers of S N College of Education participated in the Navarang Webinar 2020 conducted by Kerala University College of Teacher Education Adoor. Students actively participated in English Recitation, Troll making, Extempore, Violin and Key board competition even it is in the online mode. The programme began at 9.30 am and ends at 6 pm. The programme provided opportunities for B.Ed. teachers to showcase their talents, exchange ideas, participate in competitions and network with peers. The specific outcomes could include skill development, networking opportunities, recognition of achievement and fostering a sense of community among B. Ed teachers.




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INTER COLLEGIATE WEBINAR ON SCHOOL BASED EDUCATION FOR DRUG ABUSE31-05-2021

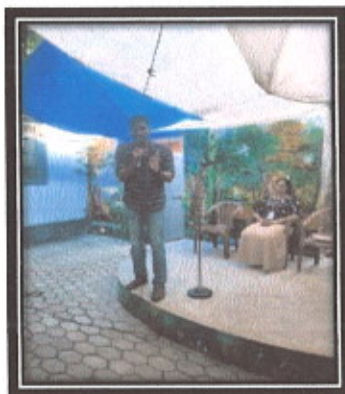


An inter-collegiate webinar was conducted by the Science Club on World No Tobacco Day, focusing on school-based education for drug abuse prevention. The webinar aimed to raise awareness about the importance of preventive education in schools regarding drug abuse and tobacco use. As part of the event, there was a documentary presentation highlighting various aspects of this critical topic. This initiative provided a platform for students and educators from different colleges to come together, share knowledge, and discuss strategies for promoting a drug-free and healthy lifestyle among youth. It underscored the significance of collaborative efforts in addressing public health issues and fostering a supportive community environment for prevention and education.




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Jail Welfare Day Celebration at Sub jail Muvattupuzha 07-09-2022



The student teachers of SNCE Muvattupuzha participated in the Jail Welfare Day Celebration and organised various cultural programs at Sub Jail, Muvattupuzha on 07-09-2022. To engage with the local community, particularly within the correctional system, fostering positive interactions and relationships. To raise awareness among student teachers and the wider community about the challenges faced by incarcerated individuals. Selected various cultural programs, such as music performances, skits, and motivational talks, considering the interests and talents of the student teachers and the preferences of the inmates. Executed the planned activities at the Sub Jail, Muvattupuzha, in coordination with the jail authorities. To build positive relationships between the educational institution and the correctional facility, fostering a sense of community and solidarity. The celebration provided inmates with opportunities for self-expression, skill development, and personal growth, empowering them to pursue positive pathways. Moreover it raise awareness among themselves and the wider community about the importance of rehabilitation, reintegration, and social justice for incarcerated individuals.



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Visit to Dharmagiri Vikas Society 12-07-2022



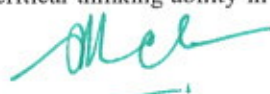
Student teachers from SN college of Education Muvattupuzha, visited Mind Skills Studio, Dharmagiri Vikas Society, an NGO, established in 1979 at Thankalam, Kothamangalam. In order to visit Dharmagiri Vikas Society to observe the services provided by them and to provide one day assistance to the community. The student's main objectives of the visit consists to provide assistance in their daily routine. They participated in their summer camp and provided activities to encourage their creativity. They conducted programmes like dance and music for differently-abled children. 149 student teachers were participated in the programme. Observed their working schedule. More over the students acknowledge the services provided by the organization. The visit helps student teachers to provide empathy in themselves.

Film Festival 03-01-2022



The Sree Narayana College of Education student teachers participated in the Film Festival Organized by Muvattupuzha Film Society on 03/01/2022. To allowed them to watch different categories of films, and to listen to speeches of eminent personalities in the film industry. Film festivals are fantastic opportunities for filmmakers to showcase their work to a diverse audience, gain recognition, and network within the industry. These events bring together cinema enthusiasts, industry professionals, critics, and filmmakers from all around the world to celebrate the art of filmmaking. The student teachers of SNCE, Muvattupuzha participated in the film festival organised by Muvattupuzha Film Society. 45 students participated in the event. They watched different categories of films. Students get opportunity to watch different films of social importance. Provided exposure to enhance critical thinking ability in students. Listened speeches of eminent personalities.




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PLASTIC FREE TRIVENI SANGAM 14-03-2023



SN college of Education Muvattupuzha organized a cleaning program at Triveni Sangamam, Muvattupuzha on 14/03/2023. 149 student teachers and 16 faculty members were participated in the programme. To aware the students about reserving water resources and to eliminate the use of plastic in daily life and thereby raising awareness on the importance of waste management and environmental conservation. Students -teachers and faculty members of SN College of education participated in the cleaning program, showing their commitment to environmental stewardship. Participants engaged in litter picking, plastic waste collection and shoreline clean up along the Triveni Sangamam. The program started with an introduction by the co-ordinator of the college Mr. Anish P Chirackal. The program begun at 10 am and ends at 1 pm. 149 students participated in this programme. The program achieved its objective of raising awareness and promoting sustainable behaviour among the students. The students made aware of need for a healthier and sustainable environment for future generation. The students learn about the types of waste polluting water and the methods used to remove them.



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Visit to peace valley foundation 05-04-2023

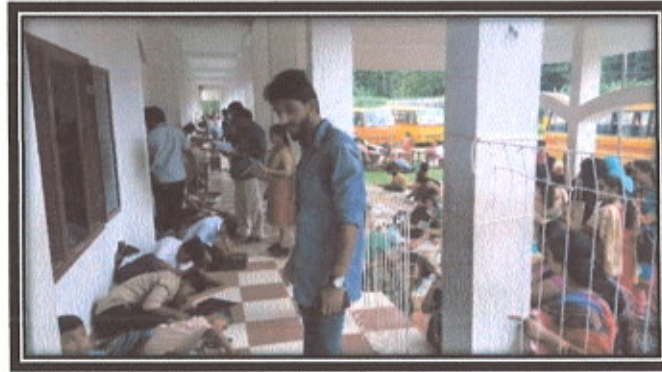


M.Ed. students (2021-23) of SNCE, Muvattupuzha undertook a visit to the rehabilitation centre, Peace Valley Foundation, an early intervention centre dedicated to supporting children with disabilities in Nellikuzhi on 05/04/2023. To gain insight into the centre's programmes, interact with children and caregivers, and explore opportunities for collaboration and support. MEd. students (2021-23) of SNCE, Muvattupuzha had an opportunity to visit and observe the early intervention strategies including speech therapy, occupational therapy, and behavioural interventions, designed to promote the holistic development of children with disabilities. The students could get an understanding of the challenges and best practices in supporting children with disabilities and their families. They donated a collected amount. 14 students were participated in the programme. The visit to peace valley foundation provided students with valuable insights into the unique needs and abilities of children with disabilities and the importance of early intervention in optimising their developmental outcomes. The visit underscored the significance of inclusive education and empowering children with developmental disabilities to reach their full potential.



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SASTRA MELA INVIGILATION 0 2-11-2022



Student teachers from SN college of Education Muvattupuzha, provided invigilation assistance in the Sastra mela held at GOVT H S S Cheruvattoor on 02/11/2022. To provide assistance in invigilation, to promote interests in science among school students and understanding scientific principles and methods adopted. The student teachers of SNCE Muvattupuzha played a supporting role in ensuring the smooth conduct of the Mela by assisting in invigilation and facilitating a conducive learning environment for participants. Their active participation contributed to the success of the event and left a positive impact on both participants and organizers. Ms Jyothi K. S, faculty member assisted the students. Invigilators also help to maintain a safe and organized environment, answer any questions from participants or visitors and assist in smooth running of the science fair. The active Participation of the school students help them to develop interest in science. The participation of student teachers in providing invigilation assistance at the Sastra Mela. Student teachers gained a practical experience in conducting programmes. It shows their commitment to community services and educational outreach. They created a memorable experience for school students which promoted their interest in science.




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SEMINAR ON LAHARIMUKTA NAVANAD 16-03-2022



The institution recently organized a seminar on "Leharimukta Navanad," a groundbreaking initiative aimed at fostering awareness among college and high school students from SNDP HS and SNDPHSS. The program was inaugurated by Paulose, a distinguished excise officer from Muvattupuzha, who highlighted the importance of community engagement and youth empowerment in addressing contemporary societal challenges. "Leharimukta Navanad" represents a significant milestone in the institution's commitment to promoting social consciousness and civic engagement among its student body. The seminar served as a platform for students to delve into critical issues affecting their communities, explore innovative solutions, and collaborate with peers in driving positive change. The inauguration ceremony, presided over by Paulose, underscored the collaborative spirit between the institution and local government authorities in addressing pressing social issues. The seminar itself was structured to facilitate meaningful discussions and interactive sessions on a wide range of topics relevant to the socio-economic landscape of Navanad. Key themes explored during the seminar included education reform, environmental sustainability, healthcare accessibility, and youth empowerment. Speakers from academia, civil society, and governmental agencies shared their expertise and experiences, offering valuable insights into effective strategies for driving social change at the grassroots level. A highlight of the seminar was the active participation of students from SNDP HS and SNDPHSS, who enthusiastically engaged in group activities and knowledge-sharing sessions. Their energy and enthusiasm underscored the importance of involving young people in discussions about their communities' future and empowering them to become agents of change. The institution's decision to focus the seminar specifically on students from SNDP HS and SNDPHSS reflects its commitment to inclusivity and diversity.




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**GOVT. TEACHERS TRAINING INSTITUTE CLEANING - SNCE
STUDENTS 16-11-2021**



After the COVID-19 pandemic, the students of Sree Narayana College of Education and teachers took on the task of cleaning and renovating the Government Teacher Training Institute located in Muvattupuzha. This initiative was undertaken to ensure a safe and conducive environment for learning and teaching as the institution resumed its activities post-pandemic. The efforts of the student teachers not only contributed to the physical improvement of the institute but also reflected their dedication to supporting educational institutions and enhancing surroundings. This endeavour demonstrated their commitment to community service and readiness to contribute positively to educational settings amid challenging times.




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Visit to Shelter Home, Karakkunnam, Muvattupuzha 13-07-2021



The students visited the shelter home at Karakkunnam, Muvattupuzha, On July 13, 2021 accompanied by their assisting teachers, Ms. Jincy P. Joseph and Ms. Reejamol K. During their visit, they not only interacted with the residents but also participated in various activities to support and uplift the community. These activities included distributing essential items, engaging in educational sessions, and organizing recreational activities to bring joy and comfort to the shelter's inhabitants. The visit aimed to provide both practical assistance and emotional support, fostering a sense of empathy and social responsibility among the students.



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FILM FESTIVAL



The Sree Narayana College of Education student teachers participated in the Film Festival organised by Muvattupuzha Film Society. They had the opportunity to watch films from different categories and listen to speeches by eminent personalities in the film industry. Additionally, some student teachers from the college were given the chance to take on various responsibilities such as being an MC, handling registration, and more. Participating in the film festival was a valuable experience for the student teachers. They gained exposure to different types of films and learned from the insights shared by industry experts. Taking on responsibilities during the event also helped them develop essential communication and event management skills. Overall, it was an enriching opportunity for the student teachers to engage with the world of cinema.



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Nam valaram namuk valartham By Mrs Honey Varghese
School Counsellor-Department of women and child development



The institution organized a seminar titled "Nam Valaram Namuk Valartham" On March 16, 2021 to raise awareness among parents, teachers, and students about various aspects of child development. The seminar aimed to enhance the community's understanding of the unique social, physical, emotional, and intellectual characteristics of adolescent students. Through this seminar, participants gained valuable insights into the developmental stages of children and adolescents, learning how to better support and nurture their growth. The event served as a platform for experts to share knowledge and strategies, helping the community to recognize and address the diverse needs of young individuals during their formative years.




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BLOOD DONATION CAMP

10-27-2018



A blood donation camp was organized at Sree Narayana College of Education (SNCE) in collaboration with HDFC Bank and SH Medical Centre. The primary goal of the camp was to encourage student-teachers to donate blood. The event saw enthusiastic participation from both the teaching and non-teaching faculty members, as well as the student-teachers. Approximately 20 individuals successfully donated blood during the camp. While many others were eager to donate, specific health issues prevented them from doing so. This initiative was instrumental in motivating future teachers to participate in blood donation drives, fostering a spirit of volunteerism and community service among them.



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NAMMAL JANANGAL (WE, THE PEOPLE) 12-02-2019



Kerala Shastra Sahithya Parikshath organised a street play named Nammal Janangal along with Sree Narayana College of Education. The actors blended life into the drama. Apart from the members of the college, the school students also watched the drama. The drama portrayed various atrocities towards ordinary people and conveyed it effectively to the audience.




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CLEANING AND BEAUTIFICATION OF MUNICIPAL PARK 27-02-2019

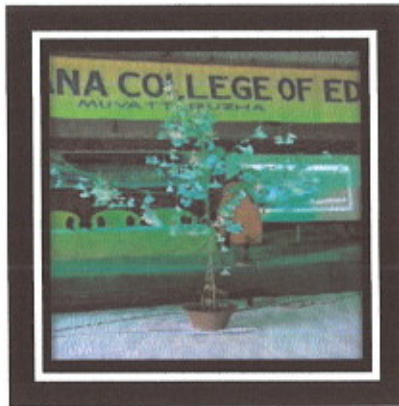


The student teachers of Sree Narayana College of Education (SNCE) took the initiative to clean the Municipal Park in Muvattupuzha, with support from the local municipality. Following the clean-up, they planted saplings and trees to enhance the park's beauty and promote environmental sustainability. This activity went beyond its immediate practical benefits; it fostered a sense of unity and responsibility among the participants. By working together on this community service, the student teachers not only contributed to the local environment but also strengthened their teamwork and civic engagement skills.



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CHEKKUTTI PAVA (DOLL MAKING) 02-07-2019



A session on making Chekkutty dolls was conducted, with a team of student teachers serving as resource persons who had already received training in this craft. During the session, participants cut pieces of cloth and used threads to create the dolls, which proved to be a memorable and enriching experience for the student teachers. This event also provided significant support to the Chendamangalam handloom industry by promoting their traditional craft and encouraging the use of their hand woven fabrics. Through this activity, the student teachers not only gained practical skills and a deeper appreciation for local craftsmanship but also contributed to the preservation and promotion of a cultural heritage.



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FLASH MOB ON ROAD SAFETY 22-02-2019



The student teachers of Sree Narayana College of Education organized a flash mob in Muvattupuzha town with the aim of promoting road safety and traffic rules. During the flash mob, they performed engaging routines to capture the public's attention and drive home the importance of adhering to traffic regulations for safe driving. They distributed informative leaflets to the onlookers, further educating them about traffic rules and safety measures. This initiative was well-received by the community, garnering positive responses from people of various backgrounds. The event not only raised awareness about road safety but also showcased the proactive role of student teachers in community engagement and public education.




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